

2026 SUMMER CAMPS



STRENGTH & CONDITIONING

(SESSION 1)

Mon to Thu • June 1st - June 11th

11:30am - 2:00pm

Focusing on building a physical and mental foundation

Fee: \$100 | HPW Gym

(SESSION 2)

Mon to Thu • June 15th - June 25th

11:30am - 2:00pm

Fee: \$100 | HPW Gym

CHEER

Mon to Thu • July 20th - July 30th

8:00am - 11:00am

Conditioning, cheer and dance skills, and teamwork drills

Fee: \$125 | HPW Gym

AERIAL DRONES

Mon to Thu • July 6th - July 9th

1:00pm - 4:00pm

Focusing on skills in preparation for 2026-2027 aerial drone season

Fee: \$75 | HPW Engineering Lab

MUSICAL THEATRE

Mon to Thu • July 13th - July 16th

1:00pm - 4:00pm

Developing singing, acting, and dancing skills while working toward a final stage production

Fee: \$75 | HPW Music Room

FLAG FOOTBALL

Mon to Thu • July 20th - July 30th

4:00pm - 7:00pm

Strength and conditioning, team building, and football skills and drills

Fee: \$125 | HPW Field

BASKETBALL

Mon to Thu • July 6th - July 16th

1:00pm - 4:00pm

Conditioning, offensive and defensive skills, and teamwork drills

Fee: \$125 | HPW Gym

VEX ROBOTICS

Mon to Thu • July 13th - July 23rd

1:00pm - 4:00pm

Designing, programming, and building skills in preparation for 2026-2027 robotics season

Fee: \$125 | HPW Gym

FOOTBALL

Mon to Thu • July 20th - July 30th

4:00pm - 7:00pm

Strength and conditioning, team building, and football skills and drills

Fee: \$200 | HPW Field

SOCCER

Mon to Thu • July 6th - July 16th

4:00pm - 7:00pm

Conditioning, offensive and defensive skills, and teamwork drills

Fee: \$125 | HPW Field

CROSS COUNTRY

Mon to Thu • July 20th - July 30th

6:00am - 8:00am

Conditioning, running skills, and teamwork drills

Fee: \$100 | HPW Field

VOLLEYBALL

Mon to Thu • July 20th - July 30th

4:00pm - 7:00pm

Conditioning, volleyball skills, and teamwork drills

Fee: \$125 | HPW Gym



HIGHLAND
PREP WEST
AVONDALE, ARIZONA

Registration forms available at highlandprepwest.org

